

GADEN SHARTSE CULTURAL FOUNDATION



Gaden Shartse Monastery Sacred Earth and Healing Arts of Tibet Tour Comes to Sedona from March 5th to 22nd, 2023

SAND MANDALA CREATION: Viewing the creation of the mandala (sand painting) is free and open to the public each day. The Tibetan monks are creating the Maitreya Sand Mandala (the Buddha of Love) at Sedona, from **March 7th to the 17th**.

Visitors may come to watch the sand mandala take form, to learn more about Tibetan art, or to just sit and meditate!

Sunday, March 5th

8:00am **SEDONA AMITABHA STUPA** (2650 Pueblo Dr. Sedona) Prayer for Healing, Health, Peace (Free-to-public)

10:00am Chanting & Meditation @ The Global Center for Christ Consciousness (Free-to-public)

12:30pm **GROUP HEALING & PURIFICATION RITUAL** Vajra Vidarin & Tea Ceremony @ Global Christ Con. Center \$25

Monday, March 6th

9:00am **LECTURE:** OLLI (4215 Arts Village Dr) A Day in The Life Of a Monk (Free-to-public at OLLI)

6:00pm **TIBETAN DINNER** with the MONKS, Q&A, Tea Ceremony (meal made by Monks) @ Sedona -limited seats

Tuesday, March 7th

8:00am Chanting & Blessing for Prosperity & Protection @ Sedona (Free-to-public)

9:00am Opening Sand Mandala Ceremony @ Sedona (Free-to-public)

10:00am **LECTURE:** Tibetan Buddhist Architecture of Enlightened Art & Sand Mandalas @ Sedona \$15

6:00pm **EMPOWERMENT:** Buddha of Long Life - White Tara @ Sedona \$25

Wednesday, March 8th

8:30am **LECTURE & PRACTICE:** Introduction to Mindfulness Meditations @ Sedona \$15

1:30pm **EMPOWERMENT:** Liberation from self: The Blessing Empowerment of Green Tara @ Sedona \$25

Friday, March 10th

9:00am **LECTURE:** The Art of Cultivating Genuine Happiness @ Sedona \$15

10:30am **LECTURE/DEBATE:** The Monks Dialectical Debate & Q&A @ Sedona \$15

6:00pm **EMPOWERMENT:** The Buddha of Wisdom (Manjushri) follow by Tea Ceremony @ Sedona \$25

Saturday, March 11th

9:30am **WORKSHOP:** Tibetan Calligraphy and the Beautiful Form of the Tibetan alphabet (All Ages) @ Sedona \$25

2:00pm **WORKSHOP:** Creating Mini Sand Mandala & Coloring Tibetan Designs @ Sedona \$25

6:00pm **GROUP HEALING:** Ritual Chey Drol for Removing Obstacles @ Sedona \$25

Sunday, March 12th

10:00am **EMPOWERMENT:** The Medicine Buddha (Menla) @ Sedona \$25

2:00pm **WORKSHOP:** Butter Sculpture (All ages welcome, bring the kids!) @ Sedona \$25

5:30pm **EMPOWERMENT:** Triple Empowerment of the 3 Deities of Protection: Vajrapani, Hayagriva and Garuda @ Sedona \$25

Tuesday, March 14th

9:00am **HEALING RITUAL:** Sacred Puja Smoke Offering Ceremony for Purification & Blessings (Sang) @ Sedona \$15

10:30am **LECTURE:** What is the Pure Land of Shambhala @ Sedona \$15

6:00pm **LECTURE:** The Keys to Enlightenment: Mind Training (Lojong) @ Sedona \$15

Wednesday, March 15th

3:30-5:00pm **PET BLESSING** at Sedona Humane Society of Sedona (2115 Shelby Dr.) 50% don going to shelter. \$25

Thursday, March 16th

8:00am **LECTURE:** Boundless Love @ Sedona \$15

10:30am **LECTURE:** Liberation: How to Break Bad Habits, Attachments & Addictions @ Sedona \$15

6:00pm **EMPOWERMENT:** The Buddha of Love (Maitreya) @ Sedona \$25

Friday, March 17th

9:00am Sand Mandala Closing Ceremony @ Sedona \$11 (please register at SEDONYA.ORG)

11:30am L'Auberge de Sedona, Sand Disbursement Ceremony

1:00pm **EXCLUSIVE LUNCH:** L'Auberge de Sedona "Lunch with the Monks" Fundraising event (tickets & registration necessary)

6:00pm **EMPOWERMENT:** The Buddha of Purification (Vajravardana) @ Sedona \$25

Saturday, March 18th

10:00am **GROUP HEALING:** Ritual Chey Drol for Removing Obstacles @ Village Yoga VillageYogaSedona.com (By Donation)

5:30pm Singing Sacred Melodies of Tibet with the Shartse Monks @ ChocolaTree 1595 AZ-89A, Sedona (By Donation)

Sunday, March 19th

9:00am **SEDONA AMITABHA STUPA** (2650 Pueblo Dr) Rejoicing Thanks-A Dedication of Positive Potential & Merit - FREE

5:30pm **MUSIC RITUAL:** FAREWELL EVENT Twenty-One Tara Puja Ritual (chanting, bells & music) & Q&A @ Sedona \$25

Tuesday, March 21st

Special Retreat: Opening your Heart with Boundless Love includes meal with the Monks

& Chenrezig Initiation (The Blessing of Buddha Compassion)

at the Surrender Retreat House. To register visit CommunionWithLove.com (limited space available).

Wednesday, March 22nd

6:00pm Special Event: Refuge Ceremony: Living Buddha's Vows @ Sedona (visit Sedonya.org for details) \$55

Suggested donation: Lecture \$15, Empowerment \$25, Workshop \$15 Kids/\$25 Adults, all other prices visit websites of venues. REGISTER & PAY EARLY at SEDONYA.ORG/monks2023 for Sedona events. If spaces are left, one can pay at the door.

The Monks also offer personal healings @ Sedona (1/2 hour increments/Sg.don.\$75 to their monastery), business and house blessings (Sg.don.\$350 to their monastery). To schedule an appointment, have any other questions call (928) 362-0184 or e-mail: SedonaSat@gmail.com. Friend us at: [Facebook.com/SedonaSat](https://www.facebook.com/SedonaSat)

Monastery located in southern India. It only costs \$3 per day to feed, clothe, and house one monk. The proceeds of the events go towards the monks' building improvements, medical and living expenses in exile. SacredArtsOfTibetTour.org