



**SACRED ARTS OF TIBET TOUR SCHEDULE**  
Solana Beach, Carlsbad, Oceanside, and Encinitas  
Dec. 1 – 12, 2021  
[www.sacredartsoftibettour.org](http://www.sacredartsoftibettour.org)

The Tibetan Buddhist monks of Gaden Shartse Norling Monastery, Southern India, are returning to North County, San Diego and will host several events around the area, including the construction of two sand mandalas in Solana Beach and Carlsbad. The public is warmly invited to watch this beautiful, meditative process and participate in their other sacred earth and healing arts ceremonies. To learn more about the monks' programs and tour offerings, visit the website listed above. If you would like to schedule private healings and blessings, call (760) 815-2229.

**Solana Beach** - Unitarian Universalist Fellowship of San Dieguito, 1036 Solana Drive, Solana Beach, CA 92075, small gatherings will be held onsite. For event details, visit: <https://uufsd.org/events/the-sacred-arts-of-tibet-tour-and-mandala/>. Mandala viewing daily 10 am – 4 pm during construction. *Masks required*

- **Wednesday, Dec 1, 10:00 am - 11:00 am** - White Tara Mandala Opening Ceremony.
- **Thursday, Dec 2, 2:00 pm - 4:00 pm** – White Tara Empowerment. Suggested donation \$20
- **Friday, Dec 3, 10:30 am** – Dharma Talk - Suggested donation \$10
- **Saturday, Dec.4, 9:00 am - 3:00 pm** – Highly anticipated Tibetan Cultural Family Day. Suggested donation: \$15 per person or \$25 per family
- **Sunday: Dec 5, 10:00 am - 11:00 am** – Service and Dissolution Ceremony. Small bags of sand distributed by the monks to the public. Everyone welcomed to follow the monks South Cardiff State beach where they will scatter the sand in the ocean as a blessing for world peace.

**Carlsbad** – PHES Gallery, 2644 State Street, Carlsbad CA 92008, for event details: <https://phesgallery.com/>. Small gatherings held onsite. Gallery entrance: Suggested Donation: \$20 at the door. *Masks required*

- **Wed. Dec 8, 10:00 am** - Opening Ceremony for Buddha of Compassion mandala
- **Wed. Dec 8, 7:00 pm** - Dharma Teaching on Impermanence: Suggested donation: \$10
- **Wed. thru Friday, Dec 8-10, 10:00 am – 5:00 pm** - Mandala Viewing. Questions welcomed
- **Saturday, Dec. 11, 10:00 am - 2:00 pm** - Dissolution Ceremony. After the ceremony, the monks will hand out small bags of sand, and there will be a procession to the beach to disperse the sand in the ocean

**Oceanside** – CommuniTea Yoga and Meditation, 609 Vista Way, Oceanside, CA 92054. For event details: <https://communitteayoga.com/> For program details, see tour website listed above. *Masks required*

- **Friday, Dec 10, 7:00 pm** - Buddha of Compassion Empowerment, Suggested Donation - \$55
- **Sunday, Dec 12, 9:00 am** - Medicine Buddha Empowerment, Suggested Donation - \$55

**Encinitas** – **Sunday, Dec. 12, 2:00 pm – 4:00 pm**: California Center of Creative Renewal, 1905 Crest Drive, Encinitas, CA 92024: Music and Healing ritual in the garden. For more info: [www.artretreats.com](http://www.artretreats.com)

*All proceeds benefit the Monks of Gaden Shartse and their monastery in southern India, a 501 (c) (3) nonprofit organization.*